





PROUDLY PRESENT

A Walk in Their Shoes

Raising funds to change women's and children's lives in Ethiopia.

Saturday, October 14th, 2023 2:00 p.m. - 4:00 p.m.

Registration starts at 1:00 p.m. South Gate Centre, Woodstock, ON

The Walk will be in Southside Park, Woodstock.

- Walk as an individual or as a team.
- Fundraise using the online fundraising site at https://bit.ly/3OWglUW and/or ask friends and family in-person.
- Enjoy an Ethiopian Coffee Ceremony, light refreshments, shop at the Ethiopian Merkato, participate in the "Discover Ethiopia" contest, learn about life in Ethiopia during the walk through pictures and stories, be moved and motivated during the closing ceremony.

Raise \$150 and 10 WRAPS (washable, reusable, affordable pads) kits will be provided to girls who would otherwise miss school during their menstrual cycles because they have no sanitary supplies.

Raise \$300 as an individual or as a team and provide 10 girls with 25 hot lunches at the Girls Gotta Run program.

Raise \$450 as an individual or as a team and sponsor a woman to receive prolapse uterus surgery (a condition where the uterus is out of the body to varying degrees and very painful).

Raise \$1000 as an individual or as a team and become the annual sponsor of a child at Tesfa's Shelter.

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Walker Information

Help raise funds for the six projects Mothers with a Heart for Ethiopia funds in Ethiopia. The projects support women, children and education.

NAME	
ADDRESS	
	POSTAL CODE
PHONE (HOME)	(CELL)
TEAM CAPTAIN'S NAME(if applicable)	
	s with a Heart for Ethiopia to contact me.

PARTICIPANT RELEASE AND WAIVER

In consideration of Mothers with a Heart for Ethiopia permitting me to participate in this event, I hereby, for myself, executors, administration and personal representatives, release the organizers of this event, their agents and volunteers, the event sponsors, and Mothers with a Heart for Ethiopia from all liability, all claims of any kind whatsoever that I might have for personal injuries or property losses suffered by participation in this event.

I certify I have full knowledge of the risks involved in this event and I am physically fit and able to participate, and unless indicated to the contrary by the signature of the guardian below, I am 18 years or older.

By giving Mothers with a Heart for Ethiopia permission to use my name and photo in media promotional materials I am helping to build awareness of the needs in Ethiopia and the opportunity to be involved in raising funds for women and children in Ethiopia.

SIGNATURE	DATE	

All walkers must sign this waiver. If under 18, a parent or guardian must sign.







you cash or a cheque (made out to DevXchange) clearly. Please PRINT the name and address of each donor who has given

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	0									Jane Sample	SPONSOR NAME
										123 Sample st.	ADDRESS
										Sampleton	СІТҮ
										A1B 2C3	POSTAL CODE
TOTAL:										jsample@gmail.com	E-MAIL
										613-555-1234	TELEPHONE
										\$20	AMOUNT

Proudly sponsored by SHOPPERS & Hearty

TOTAL CASH & CHEQUE DONATIONS \$

NOTE: Donations made online and cash and cheque donations will be receipted by DevXchange and sent to the donor. PAGE

, TOTAL ONLINE DONATIONS (IF YOU HAVE COLLECTED DONATIONS ONLINE) \$_

, = TOTAL COLLECTED \$

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